Exploring Care System Solutions

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Exploring Care System Solutions
We all have a role to play. Together, we can save lives.

Effective prevention starts with you:

- Make a plan to prevent suicide
- Find a suicide prevention program
- Measure your program's success
- Improve suicide care for your patients
- Take action after a suicide

Featured Resources

- The Intersection of Opioid Abuse, Overdose, and Suicide
- After a Suicide: A Toolkit for Schools, Second Edition
2012 National Strategy for Suicide Prevention:

GOALS AND OBJECTIVES FOR ACTION

A report of the U.S. Surgeon General and of the National Action Alliance for Suicide Prevention

8. Promote suicide prevention as a core component of health care services.

9. Promote and implement effective clinical and professional practices for assessing and treating those at risk for suicidal behaviors.
ZEROSuicide

Transforming systems for safer suicide care.

www.zerosuicideinstitute.com
www.zerosuicide.com
The National Action Alliance for Suicide Prevention outlined seven core components necessary to transform suicide prevention in health care systems:

<table>
<thead>
<tr>
<th>Component</th>
<th>Description</th>
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<tr>
<td>LEAD</td>
<td>Lead system-wide culture change committed to reducing suicide.</td>
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<tr>
<td>TRAIN</td>
<td>Train a competent, confident, and caring workforce.</td>
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<td>IDENTIFY</td>
<td>Identify individuals at-risk of suicide via comprehensive screening and assessment.</td>
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<td>ENGAGE</td>
<td>Engage all individuals at-risk of suicide using a suicide care management plan.</td>
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<tr>
<td>TREAT</td>
<td>Treat suicidal thoughts and behaviors using evidence-based treatments.</td>
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<tr>
<td>TRANSITION</td>
<td>Transition individuals through care with warm hand-offs and supportive contacts.</td>
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<td>IMPROVE</td>
<td>Improve policies and procedures through continuous quality improvement.</td>
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Zero Suicide

- Started in behavioral health - that’s the core
- Aims to keep people alive so they can experience recovery
- Focuses on error reduction and safety in health care
Suicide in Health Care Settings

- 45% of people who died by suicide had contact with primary care providers in the month before death.
- Over 70% of older adults who died by suicide saw primary care provider within 1 month of death.
- 19% of people who died by suicide had contact with mental health services in the month before death.
- South Carolina: 10% of people who died by suicide were seen in an emergency department in the two months before death.
What’s Different about Zero Suicide?

• Suicide prevention is accepted as a core responsibility of health care

• Patient deaths by suicides are not treated as inevitable

• Emphasizes data, best practices, and continuous quality improvement

• A systematic clinical approach in health systems, not “the heroic efforts of crisis staff and individual clinicians”
A System-Wide Approach for Health Care: Henry Ford Health System

Launch: Perfect Depression Care

Suicide Deaths/100k HMO Members

INSTITUTE FOR HEALTH POLICY FORUM

Twitter: #SuicidePrevention #KPIHP

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