

# **Sarah Mathew**

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## **Exploring Sustainability: Funding for Trauma Care and Systems**

# Colorado



# School Mental Health In Colorado

- Project AWARE (SAMHSA)
- Health First Colorado (Medicaid School Health Services)
- School Health Professionals Grant (MJ Tax Fund)
- SPDG/SCTG Grants (USDOE)
- Social Emotional Health Pilot Grant (MJ Tax funds)
- Bullying Prevention Grant (MJ Tax Funds)
- Comprehensive Health Standards (CO state funds)

# Project AWARE 2014-2019

- SAMHSA funds for State Education Agency
  - 1.95 million for 5 years, 87% distribution to 3 LEA's
- Building infrastructure and capacity for LEA's to meet students mental and behavioral health needs, with a focus on strong referral systems for care coordination
- Statewide Youth Mental Health First Aid Trainings
  - Trained 194 trainers (sustainability)
  - Trained over 6,000 First Aiders
  - Retained all positions

# Health First Colorado

- 1997 statute mandated partnership with HCPF for School Health Services
- Provided for dollars to serve the “Health of All Children”
- CDE’s role is to assist schools in establishing a advisory council, conducting and assessment, using data to drive decision making, drafting and revising Local Service Plans
- \$43 Million dollars statewide, serves 84% of population in 60 /178 school districts

# School Health Professionals Grant

- Modeled after Project AWARE, increases the presence of School Health Professionals (State Licensed School Nurses, Counselors, Psychologists, and Social Workers)
- Provides for funding for technical assistance, professional development/training, resources, curriculum, and screenings
- Focused on Substance Use education, Suicide, Trauma Skilled Schools and building capacity of schools to meet students mental and behavioral health needs
- \$15 million dollars funds over 66 grantees, 250+ FTE

# School Personnel Development Grant

# School Climate Transformation Grant

- Teaching Learning Office
- Funding to support MTSS, PBIS, ISF
- Building strong behavioral health frameworks, and strong collaboration within CDE



# Social and Emotional Health Act of 2019

- Pilot programs to schools to increase access to school health professionals in elementary grades
- Create safe, supportive, positive and successful school learning environments
- Supports one SHP (Counselor, Psych or SW) for every 100-250 youth in grades K-6 and will stay with that population through elementary grades
- Provides SEL, access services to improve mental and health and reduce barriers (such as food insecurity, homelessness, etc.)



# Bullying Prevention Grants

- The School Bullying Prevention and Education Grant (BPEG) is a state-funded program designed to reduce the frequency of student bullying in Colorado. The program provides support to help schools implement evidence-based bullying prevention best practices, include families in their efforts, and adopt effective policies on bullying prevention and education. Funded by marijuana tax dollars, each year the BPEG distributes nearly \$2 million to schools around the state to prevent bullying.

# Comprehensive Health Standards

- The Comprehensive Health and Physical Education standards focus on personal decision-making around emotional and social well-being, positive communication, healthy eating, physical activity, tobacco, drug, and alcohol abuse prevention and violence prevention. The standards underscore important skills for navigating today's society with its complex and often confusing messages around health, beauty, and happiness.

<https://www.cde.state.co.us/cohealth/statestandards>

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